



# 1. WELCOME

*Welcome to the 2018-2019 Program Year!*

# 2. STUDENT SPOTLIGHT

*Adult Student Spotlight with Roz Korb  
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# 3. WHAT'S NEXT

*An update on upcoming events and important dates at Joy of Motion this season.*



# WELCOME

to the 2018-2019 Program Year!



Whether you have been coming to Joy of Motion for a single day, many years, or multiple decades, we are thrilled that you have chosen to be here — to stretch your muscles and your mind, to work through new and challenging skills, and to be part of a creative community.

Here at Joy of Motion, we believe deeply in the intrinsic value of dance and performance, as well as the capacity of dance to benefit all facets of life. This past winter, the New York Times reported on a study from the American Journal of Preventive Medicine, focused on the benefits of before-school physical activity. According to Dr. Eloise Taveras (Massachusetts General Hospital), “In my experience, kids naturally love to move. They revel in it. [But] we have socialized that love out of them.”

Not only is physical activity in ample supply at the Joy of Motion studios, students of all ages and abilities can hold on to that love of movement, rather than push it away. They are encouraged to turn and leap, to tap and freestyle, rather than hold back and sit still. Dance depends on movement — and one is never too young or too old to find joy in that.

We want to know what motivates you to keep moving! Let us know by reaching out to us on social media:

facebook.com/joyofmotion  
@joyofmotiondancecenter  
@JOMDC

or by email: [info@joyofmotion.org](mailto:info@joyofmotion.org).  
Have a wonderful Fall Session.

## Words of Wisdom

“As much of a mental exercise as a physical one, **DANCING** keeps the mind sharp [...] **DANCING HAS NO AGE LIMIT.**”

—Robert Jimson, CNN

“By singing, **DANCING**, imagining, and connecting their bodies and minds, **CHILDREN LEARN MORE DEEPLY & MEANINGFULLY**, especially in subjects like reading, math, and science.”

— National Association for the Education of Young Children



Adult Student Spotlight  
**Roz Korb**

*Roslyn (Roz) Korb is a longtime adult student at Joy of Motion, where she takes more than 150 modern and jazz drop-in classes annually. Outside the studio, she is a former research statistician and is “a mother and grandmother and pet lover.”*

**Q: What drew you to Joy of Motion in the first place?**

A: It was a while ago, but I wanted to expand my dance vocabulary from ballet to other types of dance. Joy [of Motion] provided that opportunity since it offered a wide range of classes in jazz, modern, and ballet for adults at times that I could take the classes with teachers that I really enjoyed.

**Q: Is there a particular teacher that has inspired you?**

A: I've taken class with Helen Hayes for many years. She is an incredible teacher who is creative and organized but, more importantly, Helen cares for her students and works hard to help them improve and feel a

part of the class regardless of their dance background or characteristics. Her dedication to teaching dance is truly inspiring. Further, her classes are just a lot of fun.

**Q: What class will you always make time for and why?**

A: Now that I'm retired, I make time for all of Helen's classes, but even when I worked full time I was in the studio as often as I could be!

**Q: Why are the arts (and dance in particular) important in this day and age?**

A: The arts serve to transmit culture by helping individuals get involved in activities, events, organizations and objects that are reflective of current times and past times and civilizations. Dance is a particularly interesting art form because the individual is both the instrument and the artist and it involves both the body and the mind.

**Q: Any advice for first-time dancers?**

A: I think a first-time student should try out a variety of dance forms and dance teachers to find out which combination of class and teacher resonates with them and which ones they enjoy — and then keep at it.



**YOUTH STUDENT SPOTLIGHT  
GABRIEL DORSEY (AGE 13)**

In 2017, I received the “Promise Scholarship” from Joy of Motion for YDE ballet and modern dance lessons. Receiving the “Promise Scholarship” made me feel honored and special as a dancer. Also, it made me feel thankful because without the scholarship I would not be dancing in a formal program, learning to express in dance how I feel inside. If not for the formal dance experience, I would not be learning from dance

instructors, among fellow students who I can relate, compete with, and look up to. Because of YDE, I have the privilege of using ballet and other dance equipment that enables me to improve my dancing abilities inside of a studio. I feel this experience has changed my dance for the better by showing and teaching me correct forms, positions, and different moves.

*Gabriel is currently in his second year in the Youth Dance Ensemble (YDE). His twin sister also dances at Joy of Motion.*

*In addition to Joy of Motion's need-based financial aid program, which serves 200 students annually, the Promise Scholarship encourages participation in conservatory-style training among students who are traditionally under-represented in the art of dance.*

# WHAT'S NEXT

- **OCTOBER 13** @ Joy of Motion | H Street  
H Street Festival  
Free drop-in classes. Regular Saturday students should allow extra travel time for road closures.
- **OCTOBER 15** @ Joy of Motion | Bethesda  
First "Movement for MS" weekly Drop-In Class
- **OCTOBER 27** @ Joy of Motion | H Street and the Atlas Performing Arts Center's Sprenger Theatre  
**FEAR FESTIVAL 2018**  
Celebrate Halloween with family-friendly activities and crafts at 5:30 PM and OMINOUS: an original dansical of terror (ages 13+), choreographed and directed by Derek Brown, at 8:00 PM.
- **OCTOBER 28** @ Joy of Motion | Friendship Heights  
Broadway Jazz & Tap Workshops with Bob Boross
- **NOVEMBER 3** @ the Jack Guidone Theatre  
(Joy of Motion | Friendship Heights)  
*Turiya 2: Weaving Light into Story* with AvaDance CoLAB at 8:00 PM.
- **NOVEMBER 4** @ Joy of Motion | Friendship Heights  
Modern Dance Master Class at 4:30 PM with Elizabeth Higgins, former principal dancer with the Nikolias Company.
- **NOVEMBER 12** @ Joy of Motion | H Street  
A Chorus Line Broadway Jazz Master Class with Jeremiah Ginn.
- **NOVEMBER 17** @ Joy of Motion | H Street  
AfroBeats Master Class with Kara Jenelle.
- **DECEMBER 8** @ the Catholic University of America's Hartke Theatre  
Fall Youth Concert featuring the Youth Dance Ensemble, Broadway Dance Academy, and Youth Performance Companies.
- **DECEMBER 15** @ the Jack Guidone Theatre  
(Joy of Motion | Friendship Heights)  
LEAP! Process at 7:30 PM.

## SESSION DATES

**FALL:** Sept 11 - Dec 16 (13 Weeks)

**FALL BREAK\*:** Nov 20-25

\*Monday Classes WILL meet on Nov 19

**WINTER:** Jan 7 - Mar 13 (12 Weeks)

**WINTER/SPRING BREAK:** Apr 15-21

**SPRING:** Apr 1 - Jun 8 (9 Weeks)

**JOYFEST PERFORMANCES:** Jun 8-9

**SUMMER BREAK:** Jun 10-16

**SUMMER:** Jun 17 - Aug 25 (10 Weeks)

## STUDIO CLOSURES

**Sept 3** (Labor Day): closed

**Sept 10** (Rosh Hashanah): *open for adult drop-in classes only*

**Sept 19** (Yom Kippur): *open for adult drop-in classes only*

**Nov 22** (Thanksgiving): closed

**Dec 24-25** (Christmas Eve & Day): closed

**Dec 31** (New Years Eve): closed @ 2:00 PM

**Jan 1** (New Years Day): closed

## WHO WE ARE

**OUR MISSION:** to unite dance students, professionals, and audiences by providing exceptional dance education and performances that stimulate a universal love of dance.

**OUR VISION:** a thriving, creative community that celebrates its diversity through dance.

### STAFF

**Vanessa Rowan**, Interim Managing Director & Director of Operations • **Helen L. Hayes**, Interim Program Director & Dance Institute Director  
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**Maggie Walker**, Marketing Manager • **Andrea D'Annunzio**, Assistant Studio Manager • **Kerry Gallagher**, Assistant Studio Manager  
**Samiah Anderson**, Studio Assistant • **Marti Jenkins**, Studio Assistant • **Desmond Jordan**, Studio Assistant • **Mary Emma Kingsley**, Studio Assistant  
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