



SPRING ADULT SCHEDULE

Drop-In Classes • Enrollment Classes

2010

MARCH 29 - JUNE 19, 2010
NO CLASSES MAY 31

DROP-IN CLASSES

Drop-in classes occur the same time and day each week. Students can choose to pay per class or can purchase a volume Drop-In Discount.

BALLET (Drop-In)

Beginning	Monday	8:00 - 9:30 p.m.	Susan Gresko	BTH
Adv. Beginning	Monday	6:30 - 8:00 p.m.	Susan Gresko	BTH
Floor Barre	Monday	6:30 - 7:30 p.m.	Mane' Rebelo-Plaut	FH
Intermediate	Monday	7:30 - 9:00 p.m.	Mane' Rebelo-Plaut	FH
Beginning	Tuesday	10:30 a.m. - 12:00 p.m.	Alexis Baden-Meyer	FH
Beginning	Wednesday	6:30 - 8:00 p.m.	Tammy Hurt	ATL
Intermediate	Wednesday	6:30 - 8:00 p.m.	Ilsa Bush	FH
Beginning	Thursday	7:30 - 9:00 p.m.	Shannon Stobbe	ATL
Adv. Beginning	Friday	10:30 a.m. - 12:00 p.m.	Tammy Hurt	FH
Int./Advanced	Friday	6:30 - 8:15 p.m.	Mane' Rebelo-Plaut	FH
Beginning	Saturday	9:30 - 11:00 a.m.	Roxann Morgan	FH
Beginning	Saturday	2:30 - 4:00 p.m.	Margaret Townsend	ATL
Intermediate	Saturday	1:30 - 3:00 p.m.	Miya Hisaka	FH
Beginning	Sunday	12:00 - 1:30 p.m.	Elana Anderson	ATL
Beginning	Sunday	1:00 - 2:30 p.m.	Miya Hisaka	FH
Adv. Beginning	Sunday	2:30 - 4:00 p.m.	Miya Hisaka	FH
Low Intermediate	Sunday	12:00 - 1:30 p.m.	Kathleen Weitz	BTH

BELLY DANCE (Drop-In)

See also Page 3 for many more classes.

Motion Raqs

All Levels	Wednesday	6:30 - 7:30 p.m.	Yillah Natalia	ATL
All Levels	Sunday	10:00 - 11:00 a.m.	Keylan Qazzaz	BTH

AFRICAN FUSION (Drop-In)

Afro-Brazilian/Cuban

All Levels	Thursday	6:30 - 7:30 p.m.	Angela Ingram	FH
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Afro-Venezuelan

All Levels	Wednesday	7:00 - 8:00 p.m.	Mesi Walton	BTH
All Levels	Sunday	11:00 a.m. - 12:00 p.m.	Mesi Walton	ATL

African-Caribbean

All Levels	Sunday	12:00 - 1:00 p.m.	Stefanie Belnavis	ATL
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Kukuwa

All Levels	Saturday	12:00 - 1:00 p.m.	Fatima Senghore	ATL
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HIP HOP (Drop-In)

Hip Hop

Beginning	Monday	6:30 - 7:30 p.m.	Aysha Upchurch	FH
Int./Advanced	Monday	7:30 - 9:00 p.m.	Aysha Upchurch	FH
Adv. Beginning	Tuesday	6:30 - 7:30 p.m.	Derek Brown	ATL
Int./Advanced	Tuesday	7:30 - 9:00 p.m.	Juliana Calderon	BTH
Low Intermediate	Wednesday	8:00 - 9:15 p.m.	Gary Beauford	FH
Beginning	Thursday	6:30 - 7:30 p.m.	Alana Hill	BTH
Beginning	Thursday	7:30 - 8:30 p.m.	Jenny Mayo	ATL
Adv. Beginning	Thursday	7:30 - 8:30 p.m.	Alana Hill	BTH
Beginning	Sunday	12:00 - 1:00 p.m.	Jason Anderson	BTH
Beginning	Sunday	4:00 - 5:00 p.m.	Juliana Calderon	FH
Adv. Beginning	Sunday	1:00 - 2:00 p.m.	Jason Anderson	BTH
Low Intermediate	Sunday	3:00 - 4:00 p.m.	Juliana Calderon	FH

Latin Hip Hop

Adv. Beginning	Tuesday	6:30 - 7:30 p.m.	Juliana Calderon	BTH
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Krumping

All Levels	Wednesday	6:30 - 7:30 p.m.	Gary Beauford	FH
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JAZZ (Drop-In)

Jazz

Beginning	Monday	6:30 - 8:00 p.m.	Vincent Williams	ATL
Adv. Beginning	Monday	6:30 - 8:00 p.m.	Maurice Johnson	BTH
Intermediate	Monday	8:00 - 9:30 p.m.	Maurice Johnson	BTH
Beginning	Tuesday	7:30 - 9:00 p.m.	Maverick Lemons	ATL
Adv. Beginning	Tuesday	10:00 - 11:30 a.m.	Sarah Stoodley	FH
Adv. Beginning	Tuesday	7:30 - 9:00 p.m.	Derek Brown	ATL
Intermediate	Tuesday	6:30 - 8:00 p.m.	Helen Hayes	BTH
Beginning	Wednesday	6:30 - 8:00 p.m.	Vincent Williams	BTH
Adv. Beginning	Thursday	6:30 - 8:00 p.m.	Maurice Johnson	FH
Low Intermediate	Thursday	10:00 - 11:30 a.m.	Helen Hayes	FH
Low Intermediate	Thursday	7:00 - 8:30 p.m.	Helen Hayes	BTH
Intermediate	Thursday	8:00 - 9:30 p.m.	Maurice Johnson	FH
Beginning	Friday	6:30 - 8:00 p.m.	Vincent Williams	FH
Intermediate	Saturday	1:30 - 3:00 p.m.	Maurice Johnson	FH
Adv. Beginning	Sunday	10:00 - 11:30 a.m.	Kelly Kunst	BTH
Adv. Beginning	Sunday	12:00 - 1:30 p.m.	Vincent Williams	FH
Intermediate	Sunday	5:00 - 6:30 p.m.	Kayce Allison	BTH

ATL=Atlas Performing Arts Center

BTH=Bethesda

FH=Friendship Heights



*Please note: Classes are subject to cancellation or change of time, location or teacher, based on management's discretion.



DROP-IN CLASSES *(continued)*

JAZZ (CONTINUED)

Broadway Jazz

Adv. Beginning Friday 10:00 - 11:30 a.m. Douglas Yevell FH

Vegas Jazz

Adv. Beginning Friday 6:30 - 8:00 p.m. Kayce Allison FH

Street Jazz

Adv. Beginning Friday 7:30 - 9:00 p.m. Maurice Johnson BTH

Int./Advanced Saturday 3:00 - 4:30 p.m. Maurice Johnson FH

Low Intermediate Sunday 1:30 - 3:00 p.m. Maurice Johnson BTH

Afro Jazz

Adv. Beginning Monday 11:00 a.m. - 12:30 p.m. Tyrone Murray FH

Adv. Beginning Tuesday 6:30 - 7:45 p.m. Tyrone Murray ATL

Adv. Beginning Wednesday 11:00 a.m. - 12:30 p.m. Tyrone Murray FH

Intermediate Saturday 2:00 - 3:30 p.m. Tyrone Murray ATL

Contemporary Jazz

Low Intermediate Monday 8:00 - 9:30 p.m. Ashley White ATL

Pop

Adv. Beginning Thursday 6:30 - 8:00 p.m. Derek Brown ATL

Tease

Adv. Beginning Thursday 8:00 - 9:00 p.m. Derek Brown ATL

MODERN DANCE (Drop-In)

Modern

Low Intermediate Monday 6:30 - 8:00 p.m. Helen Hayes FH

Beginning Tuesday 12:00 - 1:30 p.m. Michelle Ava FH

Low Intermediate Tuesday 7:30 - 9:00 p.m. Helanius Wilkins FH

Intermediate Tuesday 8:30 - 10:00 p.m. Helen Hayes BTH

Beginning Wednesday 7:30 - 9:00 p.m. Katie Harris Banks BTH

Int./Adv. Wednesday 8:00 - 9:30 p.m. Helen Hayes BTH

Beginning Thursday 7:30 - 9:00 p.m. Boris Willis FH

Low Intermediate Friday 10:00 - 11:30 a.m. Helen Hayes BTH

Int./Advanced Friday 6:30 - 8:00 p.m. Dana Tai Soon Burgess BTH

Beginning Saturday 1:30 - 3:00 p.m. Michelle Ava FH

Intermediate Saturday 10:30 a.m. - 12:00 p.m. Helen Hayes BTH

Adv. Beginning Sunday 10:00 - 11:30 a.m. Helanius Wilkins FH

Adv. Beginning Sunday 1:30 - 3:00 p.m. Boris Willis FH

Low Intermediate Sunday 11:30 a.m. - 1:00 p.m. Helanius Wilkins FH

Afro Modern

Adv. Beginning Wednesday 7:30 - 9:00 p.m. Taurus Broadhurst ATL

Adv. Beginning Saturday 1:00 - 2:30 p.m. Taurus Broadhurst ATL

Horton Technique

Adv. Beginning Friday 6:30 - 8:00 p.m. Elana Anderson BTH

Adv. Beginning Sunday 1:30 - 3:00 p.m. Elana Anderson ATL

Duncan Technique

Beginning Sunday 11:00 a.m. - 12:30 p.m. Valerie Durham BTH

Improv: The Free Association way

All Levels Saturday 3:00 - 4:30 p.m. Michelle Ava FH

OLD IRISH STYLE DANCING (Drop-In)

Sean Nos

All Levels Monday 9:00 - 10:00 p.m. Shannon Dunne ATL

PILATES/FITNESS (Drop-In)

Pilates Mat

Beginning Thursday 7:00 - 8:00 p.m. Arja Pirinen BTH

Gyrokinesis

All Levels Thursday 8:00 - 9:00 p.m. Arja Pirinen BTH

STRETCH & ALIGN (Drop-In)

All Levels Wednesday 10:00 - 11:00 a.m. Michelle Ava FH

All Levels Saturday 11:00 a.m. - 12:00 p.m. Mane' Rebelo-Plaut FH

TAP (Drop-In)

Rhythm Tap

Low Intermediate Monday 7:30 - 8:30 p.m. Heidi Schultz BTH

Intermediate Monday 8:30 - 9:30 p.m. Heidi Schultz BTH

Adv. Beginning Wednesday 8:30 - 9:30 p.m. Heidi Schultz FH

YOGA (Drop-In)

Yoga-Blend

All Levels Monday 6:30 - 7:30 p.m. Margaret Townsend BTH

All Levels Friday 12:30 - 1:30 p.m. Margaret Townsend FH

All Levels Sunday 11:00 a.m. - 12:00 p.m. Margaret Townsend FH

Pre/Post Natal Yoga

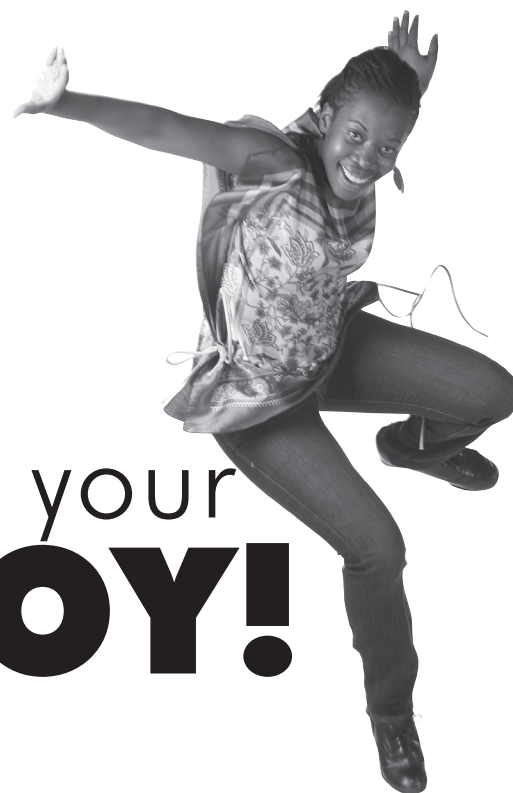
All Levels Sunday 10:00 - 11:00 a.m. Margaret Townsend FH

ZUMBA (Drop-In)

All Levels Monday 6:30 - 7:30 p.m. Tanya Nuchols ATL

All Levels Tuesday 6:30 - 7:30 p.m. Tanya Nuchols FH

All Levels Thursday 10:30 - 11:30 a.m. Tanya Nuchols FH



Find your
JOY!

ENROLLMENT CLASSES

Enrollment classes are paid by session.

INTRO TO DANCE PROGRAM (Enrollment) (6 weeks for \$99, 5 weeks for \$83 - Monday Classes in Session II ONLY)

Intro to Dance Technique

Wednesday	3/31 - 5/5	6:30 - 7:30 p.m.	Lauren Borchard	FH
Wednesday	5/12 - 6/16	6:30 - 7:30 p.m.	Lauren Borchard	FH
Thursday	4/1 - 5/6	6:30 - 7:30 p.m.	Josephine Nicholson	ATL
Thursday	5/13 - 6/17	6:30 - 7:30 p.m.	Josephine Nicholson	ATL

Intro to Ballet

Monday	3/29 - 5/3	8:00 - 9:00 p.m.	Shannon Stobbe	BTH
Monday	5/10 - 6/14	8:00 - 9:00 p.m.	Shannon Stobbe	BTH
Wednesday	3/31 - 5/5	6:30 - 7:30 p.m.	Shannon Stobbe	ATL
Wednesday	5/12 - 6/16	6:30 - 7:30 p.m.	Shannon Stobbe	ATL

Intro to Modern

Monday	3/29 - 5/3	7:00 - 8:00 p.m.	Heidi Schimpf	BTH
Monday	5/10 - 6/14	7:00 - 8:00 p.m.	Heidi Schimpf	BTH
Thursday	4/1 - 5/6	6:30 - 7:30 p.m.	Katie Harris-Banks	FH
Thursday	5/13 - 6/17	6:30 - 7:30 p.m.	Katie Harris-Banks	FH

Intro to Jazz

Tuesday	3/30 - 5/4	6:30 - 7:30 p.m.	Maverick Lemons	ATL
Tuesday	5/11 - 6/15	6:30 - 7:30 p.m.	Maverick Lemons	ATL
Wednesday	5/12 - 6/16	6:30 - 7:30 p.m.	Tyrone Murray	BTH

Intro to Hip Hop

Tuesday	3/30 - 5/4	7:30 - 8:30 p.m.	Alana Hill	FH
Tuesday	5/11 - 6/15	7:30 - 8:30 p.m.	Alana Hill	FH
Thursday	4/1 - 5/6	6:30 - 7:30 p.m.	Jenny Mayo	ATL
Thursday	5/13 - 6/17	6:30 - 7:30 p.m.	Jenny Mayo	ATL
Friday	4/2 - 5/7	7:30 - 8:30 p.m.	Jenny Mayo	BTH
Friday	5/14 - 6/18	7:30 - 8:30 p.m.	Jenny Mayo	BTH

Intro to Breakdancing

Friday	4/2 - 5/7	6:30 - 7:30 p.m.	Emily Wessel	BTH
Friday	5/14 - 6/18	6:30 - 7:30 p.m.	Emily Wessel	BTH

Intro to Tap

Wednesday	3/31 - 5/5	7:30 - 8:30 p.m.	Heidi Schultz	FH
Wednesday	5/13 - 6/17	7:30 - 8:30 p.m.	Heidi Schultz	FH

SOCIAL DANCE PROGRAM (Enrollment) (6 weeks for \$99, 5 weeks for \$83 - Monday Classes in Session II ONLY)

Intro to Salsa

Monday	3/29 - 5/3	9:00 - 10:00 p.m.	Laurie Anderson	FH
Monday	5/10 - 6/14	9:00 - 10:00 p.m.	Laurie Anderson	FH
Tuesday	3/30 - 5/4	8:45 - 9:45 p.m.	David Norton	ATL
Tuesday	5/11 - 6/15	8:45 - 9:45 p.m.	David Norton	ATL
Saturday	4/3 - 5/8	3:00 - 4:00 p.m.	David Norton	ATL
Saturday	5/15 - 6/19	3:00 - 4:00 p.m.	David Norton	ATL
Sunday	4/4 - 5/9	6:30 - 7:30 p.m.	Laurie Anderson	BTH
Sunday	5/16 - 6/20	6:30 - 7:30 p.m.	Laurie Anderson	BTH

Salsa

Saturday	4/3 - 5/8	4:00 - 5:00 p.m.	David Norton	ATL
Saturday	5/15 - 6/19	4:00 - 5:00 p.m.	David Norton	ATL

Intro to Club Latin

Sunday	4/4 - 5/9	7:30 - 8:30 p.m.	Laurie Anderson	BTH
Sunday	5/16 - 6/20	7:30 - 8:30 p.m.	Laurie Anderson	BTH

Intro to Social Ballroom

Tuesday	3/30 - 5/4	7:45 - 8:45 p.m.	David Norton	ATL
Tuesday	5/11 - 6/15	7:45 - 8:45 p.m.	David Norton	ATL
Sunday	4/4 - 5/9	4:00 - 5:00 p.m.	Laurie Anderson	BTH
Sunday	5/16 - 6/20	4:00 - 5:00 p.m.	Laurie Anderson	BTH

Intro to Latin Ballroom

Sunday	4/4 - 5/9	5:30 - 6:30 p.m.	Laurie Anderson	BTH
Sunday	5/16 - 6/20	5:30 - 6:30 p.m.	Laurie Anderson	BTH

Intro to Swing

Monday	3/29 - 5/3	8:00 - 9:00 p.m.	Laurie Anderson	FH
Monday	5/10 - 6/14	8:00 - 9:00 p.m.	Laurie Anderson	FH

Experience the Fun
OF DANCING!



WORLD DANCE PROGRAM (Enrollment)

MARCH 29 - JUNE 19, 2010

(12 weeks for \$180, 11 weeks for \$165 - Monday classes ONLY)

Belly Dance

Beginning	Monday	6:30 - 7:30 p.m.	Laurel Victoria Gray	ATL
Beginning	Wednesday	6:30 - 7:30 p.m.	Artemis	BTH
Beginning	Wednesday	7:30 - 8:30 p.m.	Yillah Natalia	ATL
Beginning	Sunday	11:00 a.m. - 12:00 p.m.	Laurel Victoria Gray	FH
Adv. Beginning	Monday	7:30 - 8:30 p.m.	Laurel Victoria Gray	ATL
Adv. Beginning	Wednesday	7:30 - 8:30 p.m.	Artemis	BTH
Adv. Beginning	Wednesday	8:30 - 9:30 p.m.	Yillah Natalia	ATL
Adv. Beginning	Thursday	8:30 - 9:30 p.m.	Yasmin	FH
Adv. Beginning	Sunday	10:00-11:00 a.m.	Laurel Victoria Gray	FH
Adv. Beginning	Sunday	4:00 - 5:00 p.m.	Yillah Natalia	FH

Persian Dance

Beginning	Saturday	2:00 - 3:00 p.m.	Laurel Victoria Gray	BTH
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Egyptian Cabaret Style and Technique

Low Intermediate	Thursday	7:30 - 8:30 p.m.	Yasmin	FH
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Egyptian Cabaret for Performance

Advanced/Prof.	Thursday	9:30 - 10:30 p.m.	Yasmin	FH
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Flamenco - Enroll or Drop-In for \$17 (Drop-In-Discounts or Flexicards do not apply)

Beginning	Tuesday	6:30 - 7:30 p.m.	Estela Velez	FH
Beginning	Saturday	2:00 - 3:00 p.m.	Daniel Paredez	ATL
Beginning	Sunday	12:30 - 1:30 p.m.	Estela Velez	FH
Adv. Beginning	Tuesday	7:30 - 8:30 p.m.	Estela Velez	FH
Low Intermediate	Sunday	1:30 - 2:30 p.m.	Estela Velez	FH
Intermediate	Saturday	4:30 - 5:30 p.m.	Estela Velez	BTH
Int./Adv.	Tuesday	8:30 - 9:30 p.m.	Estela Velez	FH
Skills & Technique	Wednesday	8:00 - 9:30 p.m.	Estela Velez	BTH

ENROLLMENT CLASSES *(continued)*

STUDIO TO STAGE PROGRAM PERFORMANCE CLASSES (Enrollment)

PERFORMANCE CLASS REQUIREMENTS

All students are required to attend every class, be prompt and participate on a regular basis in order to perform. Students must purchase their own costuming according to teacher guidelines. All efforts will be made to keep costuming expenses affordable.

PERFORMANCE INFORMATION

Studio to Stage classes will culminate in a showcase performance for friends, family and the community on Saturday, June 19 and Sunday, June 20, 2010 at the Jack Guidone Theater at JOMDC Friendship Heights.

Tickets: General Admission \$15.00 (advanced purchase), \$20 (at the door); \$12.00 (Seniors/children 12 & under).

AFRO-MODERN PERFORMANCE CLASS March 29 - June 14, 2010 (\$209 for 11 weeks)

Level: Adv. Beginning and above Modern dance

Monday 3/29 - 6/14 7:30 - 9:00 p.m. Taurus Broadhurst ATL

TAP MUSIC VIDEO PERFORMANCE CLASS March 30 - June 15, 2010 (\$210 for 12 weeks)

Level: Low Intermediate and above Tap (background in Hip Hop and/or Jazz a plus)

Tuesday 3/30 - 6/15 7:30 - 8:30 p.m. Vikki Weinberger BTH

SPICE RAQS PERFORMANCE CLASS

April 2 - June 18, 2010 (\$225 for 12 weeks)

Level: All levels of Belly Dance

Friday 4/2 - 6/18 6:30 - 8:00 p.m. Yillah Natalia ATL

JAZZ PERFORMANCE CLASS

April 2 - June 18, 2010 (\$225 for 12 weeks)

Level: Intermediate and above Jazz dance

Friday 4/2 - 6/18 8:00 - 9:30 p.m. Kayce Allison FH

HIP HOP PERFORMANCE CLASS

April 16 - June 18, 2010 (\$200 for 10 weeks)

Level: Low Intermediate and above Hip Hop

Friday 4/16 - 6/18 6:30 - 8:30 p.m. Aysha Upchurch ATL


HIP HOP/POP FUSION PERFORMANCE CLASS

April 4 - June 20, 2010 (\$210 for 12 weeks)

Level: Beginning and Adv. Beginning Hip Hop

Sunday 4/4 - 6/20 2:00 - 3:00 p.m. Jason Anderson BTH

LOCATIONS

(ATL) Atlas Performing Arts Center 
1333 H St., NE
Washington, DC 20002
202.399.6763

(BTH) Bethesda 
7315 Wisconsin Ave., Suite 180E
Bethesda, MD 20814
301.986.0016

(FH) Friendship Heights 
5207 Wisconsin Ave., NW
Washington, DC 20015
202.362.3042

TUITION

Unless otherwise noted, students must be 18 years old and above to participate in adult classes and workshops, and 19 years old and above to participate in adult performance classes.

Adult Tuition Information

We accept cash, personal checks, Visa, MasterCard, and American Express.

Drop-In Class Rates

Single Class	\$17
Students/Seniors/Professionals with valid ID*	\$12
Flamenco - Single Class Rate (No Drop-In Discounts or Flexicards)	\$17

Drop-In Discount

The Drop-In Discount allows students to prepay for multiple drop-in classes at a volume discount. With a Drop-In Discount, you can take any adult drop-in class, anytime, at any JOMDC location, at the appropriate skill level. The Drop-In Discount may be purchased online or at any JOMDC studio location. Drop-In Discounts cannot be used for Flamenco classes. NO REFUNDS.

Discount

Expiration

(from date of purchase)

5-class Drop-In Discount	\$80 (save \$5 off the single class rate)	2 months
10-class Drop-In Discount	\$150 (save \$20 off the single class rate)	4 months
20-class Drop-In Discount	\$280 (save \$60 off the single class rate)	6 months
30-class Drop-In Discount	\$405 (save \$105 off the single class rate)	12 months

Students/Seniors/Professionals:*

5 classes	\$60	2 months
10 classes	\$120	4 months

* Discount: actors/dancers/singers with valid ID.

** Discount packages available in studios only; valid ID is required - see studio manager for details.

Enrollment Rates

5-week Classes (Mondays in Session 2 only)	\$83
6-week Classes	\$99
13-week Classes	\$195

NO REFUNDS OR TRANSFERS.

DANCE
is for
Everyone



ONE OF DC'S BEST SMALL CHARITIES



DC COMMISSION ON THE ARTS & HUMANITIES

Joy of Motion Dance Center is a nonprofit 501 (C)(3) organization. JOMDC is funded in part by the D.C. Commission on the Arts and Humanities, an agency supported in part by the National Endowment for the Arts.